Wading in Our Own Backyards: Exploring the Amazing Nature of Manitowoc
Instructor: Rebecca Abler, Ph.D.

What’s the best part of summer? If you answered “being outside!” then this class is for you! Manitowoc County is home to some of our most important natural resources, including forests, streams, and of course, beaches! In this class, we will explore our important natural resources, do experiments to find out how they work, and learn how we can protect them so that we can enjoy them for years to come. This class will take place inside and outside, and will include easy hiking and water sampling in Silver Creek and Lake Michigan.

Dates: July 28 - August 1 (8:30 am - 11:30 am)  
Ages: 9 - 12  
Cost: $75

What’s On My Beach? Science and Fun Where the Water Meets the Land. 
Instructor: Titus Seilheimer, Ph.D.

Come and discover the life and diversity in our Great Lakes. Students will learn about Lake Michigan in the classroom and then bring that learning to life by walking the beach and discovering what washes up.

Dates: July 29 - August 1 (8:30 am - 11:30 am)  
Ages: 5 - 8  
Cost: $65

iPad Collaging 101 
Instructor: Susan Murtaugh  
(iPads will be available to use during class)

Learn how to combine photography, drawing, painting, and writing with this new digital technology. A demo will be provided by the instructor and students will be given written hand-outs and the tools necessary to complete a final art piece. The assignment will be finished on day 4. Day 5 is a celebration of the course where the instructor will present a critique and print of the artwork.

Dates: July 21 - 25 (12:30 pm – 3:30 pm)  
Ages: 11 - 12  
Cost: $65

Kids Yoga
Instructor: Patti Jo Wagner

The fundamentals of yoga - including breathing and awareness, stretching and relaxation, team building, and healthy food are invaluable skills and qualities that help to foster a grounded individual for navigating life in this crazy fast-paced world. In this class, children will develop the tools needed to manage stress, make better choices, improve self-esteem and work together as a team while, at the same time, increasing overall strength, flexibility and coordination.

Dates: August 4 – 8  
Ages: 5 - 7 (8:30 am – 11:30 am)  
Ages: 9 - 12 (12:30 pm – 3:30 pm)  
Cost: $65 for each section

L.E.A.P. for Health and Wellness
Instructor: Teri Zuege-Halvorsen

L.E.A.P. (Literacy, Eating and Activity for Health) is a program that uses storybooks and activities to teach children about staying healthy, being physically active, eating more fruits, vegetables, low-fat dairy and whole grains. Participants will try new, tasty snacks and learn fun games, songs and activities which will help them to be healthier. A daily newsletter provides parents with resource materials on the health topics covered in the lessons; and information on other books, activities, songs and games that parents can do with their children at home.

Dates: August 18 - 22  
Ages: 5 - 6  
(8:30 am – 11:30 am) or (12:30 pm – 3:30 pm)  
Cost: $55

How To Survive in the Wild!  
Instructor: Mark Meisner

Have you ever thought about being lost in the wilderness? What would you do without your Smartphone? How would you survive without the internet? In this course, you will explore the wilderness through others’ experiences in fiction and non fiction literature, and discover the skills necessary to survive. Then we will build our own fires and shelters, and we’ll learn the basics of navigation with a compass. Each day of the course, you will practice your new skills.

Dates: July 21 - 25 (8:30 am – 11:30 am)  
Ages: 11 - 12  
Cost: $75

Geology Rocks! 
Instructor: Roland Baldwin, Ph.D.

In this course, we will learn the origin and nature of igneous, metamorphic, and sedimentary rocks. We will also consider various natural-occurring minerals, such as gold, copper, and iron, as well as other rock-related phenomena, such as geodes and fossils. Students will learn to identify selected unknown samples, based on our discussions and observations.

Dates: July 21 - 25 (8:30 am - 11:30 am)  
Ages: 11 - 12  
Cost: $65

 Monsters and Mermaids  
Instructor: Laura Apfelbeck

Beyond this point there be dragons! Legends held that monsters and other sea creatures lived in the uncharted depths of the sea. Come and explore the old stories from the infamous Loch Ness Monster to the Siren Songs of Mermaids. Students will read stories, discuss them, and craft a modern day legend of the sea here on our own inland sea… Lake Michigan.

Dates: August 4 - 8 (8:30 am - 11:30 am)  
Ages: 7 - 12  
Cost: $65

All Girls Deserve to Shine  
Instructor: Cathy Buchner

This course is designed for participants to recognize that princesses come in all shapes and sizes. Through a series of stories about not-so-common princesses and activities, students will become empowered with the affirmation of importance and unlimited potential. Students will hear stories, discuss them, and make crowns, caps and scepters that showcase their morals and values. In addition to these activities, parents and/or other special persons will be invited to a tea party on the last day to showcase what we’ve learned.

Dates: July 21 - 25 (8:30 am - 11:30 am)  
Ages: 5 - 12  
Cost: $65

Imagination on Stage (three week course)  
Instructor: Rachel Thuermer of Dare to Dream Theater

Explore literature and the world around you by putting on a play! Join your friends
both onstage and offstage in this three-week course to bring some of your favorite
characters to life onstage. The skills of each
student will be spotlighted in the culminating
production August 22 - 24.

Dates: August 4 - 22 (8:30 am – 11:30 am)
Ages: 4 - 18
Cost: $149

Lifelong Teammates: Parent/Child
Basketball Clinic
Instructor: Neil Hall

Young players will spend some quality time on
the hardwood with a parent (or other adult).
Come prepared to have fun and work-up a
sweat as the UW-Manitowoc coaching staff
and players guide you through fundamental
practice drills and explain concepts of offense
and defense. The day will also include fun
games, contests and activities designed to
encourage some good old family bonding.
Best of all, you’ll leave with plenty of ideas
for activities to work-on together for years
to come. Turn a few hours into a lifetime of
shared enjoyment. (Co-Ed)

Date: Saturday, July 26
Times:  grades 1 - 2 (8:30 am - 11:00 am)
       grades 3 - 4 (11:15 am - 1:45 pm)
       grades 5 - 6 (2:00 pm - 4:30 pm)
Cost: $55 for any section

Art Journaling for Kids
Instructor: Laurel Schleis

Students will learn how to make an art journal,
an expression of each individual, and explore
the importance of journaling, expressing your
feelings, dreams and concerns, and having
fun in the process.

Dates: August 4 - 8 (8:30 am - 11:30 am)
Ages: 11 - 12
Cost: $65

Beads From Around the World
Instructor: Hannah Braun-Allen

Students will learn about beads from all over
the world from books, photos and handouts,
and make jewelry to take home. Beading
materials are included in the course fee along
with a Bead Trade game.

Dates: July 21 - 25
Ages: 5 - 8  (8:30 am – 11:30 am)
Ages: 9 - 12 (12:30 pm – 3:30 pm)
Cost: $65 for either section

To register please contact:
Suzanne Lawrence, Director of Continuing Education
suzanne.lawrence@uwc.edu
920-683-4702

~ or ~

register and pay online: www.uwmanitowoc.uwc.edu/ce/

Registration deadline is Monday, July 7.